



Southborough & District Wheelers

www.southborough-wheelers.co.uk

10 Mile Open Time Trial (Q10/10) 1st January 2015

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

Timekeepers: Les Hayman (Southborough & Dist Whlrs) & David Watson (Southborough & Dist Whlrs)

Event Secretary: Doug Bentall, 23 Brindles Field, TONBRIDGE, Kent TN9 2YR

Tel. 01732 360915 or 07799 615319. **E-Mail** doug@ionacommunications.com

Award List:

SCRATCH:

- 1st Pouilly Fumé White Wine & Bordeaux Red Wine
- 2nd Pouilly Fumé White Wine & Bordeaux Red Wine
- 3rd Bordeaux Red Wine
- 4th Bordeaux Red Wine
- 5th Case of Red Berry Cider
- 6th Fine Chocolates

BEST IMPROVEMENT ON LTS:

- 1st Bordeaux Red Wine
- 2nd Bordeaux Red Wine
- 3rd Case of Black Cherry Cider

FASTEST JUNIOR / JUVENILE:

- 14 – 15 Yr – Cycling socks, multi tool & tyre levers
16 – 17 Yr – Cycling socks, multi tool & tyre levers
18 Yr – "At Speed" by Mark Cavendish

LANTERNE ROUGE:

Lezyne Femto red light

FASTEST VETERAN ON AGE STD:

- 1st Bordeaux Red Wine
- 2nd Bordeaux Red Wine
- 3rd Golden Beer Collection
- 4th Fine Assorted Biscuits

FASTEST LADY:

- 1st Bordeaux Red Wine
- 2nd Fine Chocolates
- 3rd Fine Assorted Biscuits

FASTEST TEAM:

Pouilly Fumé White Wine, Fine Chocolates, Bordeaux Red Wine

FASTEST WITH NO LTS:

"Project Rainbow", by Rod Ellingworth

CLOSEST TO...:

- 26.00 "Faster", by Michael Hutchinson
28.00 "100 Greatest TDF Climbs" by Simon Warren

PLEASE STAY FOR THE PRIZE GIVING IMMEDIATELY AFTER THE EVENT

Course: Q10/10 (A28 Bethersden - Great Chart)

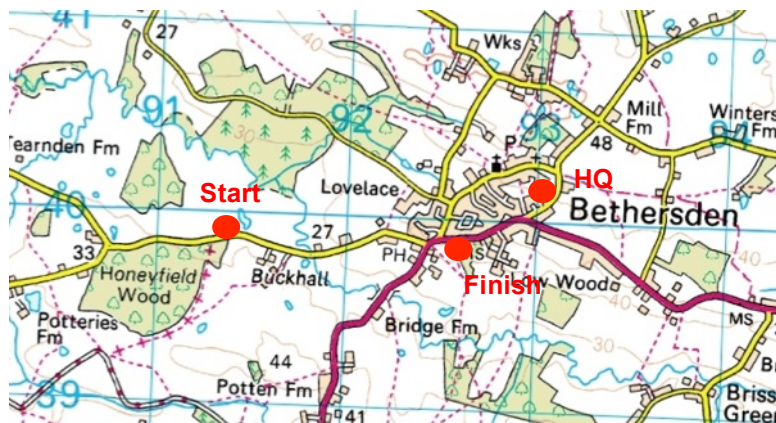
Start in Bull Lane, Bethersden, approximately 1200 yards west of A28 at hinge post opposite Honeyfield Wood (TQ914398). Proceed to A28 to Singleton roundabout (5.4 miles). Retrace A28 to finish at stile at Bethersden cricket ground (TQ926399).

Directions to the Start avoiding obstructing the finishing rider. Turn left out of the HQ, left again and then twice right. Allow 10 minutes.

Headquarters – Bethersden Village Hall

The HQ is approx. 10 minutes ride from the Start. Numbers and Signing-on will be at the HQ.

- Competitors must Sign-on using the sheet provided at the number collection point in the HQ.
- NO SHOE PLATES in the Hall PLEASE.
- Riders may exchange their number for a cup of tea or coffee after their race.



Additional Notes

- Riders must not warm up / turn in sight of the Start or Finish areas.
- Riders must beware of traffic approaching from the Right on the roundabout.
- In the interest of safety CTT advise you to wear recognised standard protective headgear that meets an internationally accepted safety standard. CTT Regulations state that **all Junior and Juvenile riders MUST** wear such headgear.
- No rider should use a turbo trainer or rollers in the HQ parking area or adjacent roads and you will be asked to stop using them if found doing so. Failure to comply risks disqualification from the event.
- It is an offence for a competitor in any event to use or to have administered any proscribed substance that might affect their competitive performance. A rider receiving medical treatment which could include a proscribed substance must not compete in time trials.

Course Records

Mens – Steve Berry 21.28 (1st January 2013) **Ladies** – Bronwen Ewing 25.07 (1st January 2013)

KEEP YOUR HEAD UP AND LOOK WHERE YOU ARE GOING

An inscription in memory of the late Warwick Dunford has been added to the cyclists bench at Haffenden Quarter, Smarden (2 miles north of the event start). A short unveiling ceremony will take place after the event. It is hoped that all who knew him will attend.

Start No	Title	Name	Club	Category	L3S	VTTA	Start Time
1	Mr	Peter Rowe	Southborough & Dist. Whs	V	25:30	26:45	10.01
2	Mr	Tom Morton	PMR @ Toachim House	V	23:34	27:38	10.02
3	Mr	Jeffrey Cross	Kingsnorth International Whs	V		27:14	10.03
4	Mrs	Emma Cutler	Trail Spirit Racing	LV	26:53	28:24	10.04
5	Mr	David Bagge	Southborough & Dist. Whs	V	22:01	26:36	10.05
6	Mr	Nick Marsh	VC Deal	V	23:04	26:59	10.06
7	Mr	Joshua Clark	Rye & District Wheelers CC	16-17	23:33		10.07
8	Mr	Nick Houslop-Rogers	Southborough & Dist. Whs		28:04		10.08
9	Ms	Dace Homa	Rye & District Wheelers CC	LV	51:21	28:58	10.09
10	Mr	Reg Smith	Velo Refined	V	21:27	28:42	10.10
11	Mr	Lawrence Martin	Thanet RC	V	22:25	27:09	10.11
12	Mr	Guy Lane	Southborough & Dist. Whs	V		26:45	10.12
13	Miss	Chloe Weller	Norwood Paragon CC	L			10.13
14	Mrs	Brenda Davies	Trispirit Team	LV	30:30	31:37	10.14
15	Mr	Calum Anderton	Kingsnorth International Whs	16-17	21:49		10.15
16	Mr	Callum Clark	Southborough & Dist. Whs	16-17	22:53		10.16
17	Mr	Mark Wright	West Kent RC	V	23:44	26:27	10.17
18	Mr	Peter Coghill	Dulwich Paragon CC				10.18
19	Mrs	Alison Scantlebury	Trispirit Team	LV		28:02	10.19
20	Mr	Peter Pav Bryan	Rye & District Wheelers CC		21:37		10.20
21	Mr	Martin Foord	Abellio - SFA Racing Team	V	22:15	26:54	10.21
22	Mr	Mark Amon	Rye & District Wheelers CC	V	23:26	26:45	10.22
23	Mr	Kevin Gleadow	Gravesend CC	V	24:41	27:32	10.23
24	Miss	Natasha Jarman	Dulwich Paragon CC	L	32:57		10.24
25	Mr	Ian Hodge	Southborough & Dist. Whs	V	21:45	27:09	10.25
26	Mr	Antony Bee	Wigmore CC	V	23:03	26:45	10.26
27	Mr	Daniel Martin	Thanet RC	16-17	23:39		10.27
28	Miss	Philippa Jenkins	Southborough & Dist. Whs	L	25:47		10.28
29	Mrs	Amber King	Trispirit Team	LV	34:09	28:34	10.29
30	Mr	Dean Chiddention	Abellio - SFA Racing Team		21:27		10.30
31	Mrs	Bronwen Ewing	Trainsharp Racing Team	LV	22:15	28:48	10.31
32	Mr	Malcolm Whitehead	Kingsnorth International Whs	V		27:38	10.32
33	Mr	Ryan Edwards	Abellio - SFA Racing Team	16-17	24:32		10.33
34	Mrs	Alexis Couchman	Southborough & Dist. Whs	L	29:56		10.34
35	Mr	Conall Yates	In-Gear Quickvit Trainsharp RT		19:00		10.35
36	Mr	Daniel Pink	Bigfoot CC		22:55		10.36
37	Mr	Theo Yates	In-Gear Quickvit Trainsharp RT	16-17	23:27		10.37
38	Mr	Colin Jarman	Southborough & Dist. Whs	V	26:33	28:23	10.38
39	Ms	Stephanie Waters	San Fairy Ann CC	L	33:46		10.39
40	Mr	Dave Stocker	Abellio - SFA Racing Team	V	21:24	26:45	10.40
41	Mr	Neil Couchman	Southborough & Dist. Whs		22:13		10.41
42	Mr	Laurence Toombs	West Kent RC	V	23:21	26:54	10.42
43	Mr	Nicholas Wood	Thornton Road Club		24:31		10.43
44	Mrs	Jo Coshell	Trispirit Team	LV		28:08	10.44
45	Mr	Jesse Yates	In-Gear Quickvit Trainsharp RT	18	21:34		10.45
46	Mr	Adam Eastwood	BowlPhish BONTRAGER Racing		22:46		10.46
47	Mr	Malcolm Daly	Hastings & St Leonards CC	V	23:46	27:04	10.47
48	Mr	Christopher Duffy	Southborough & Dist. Whs		25:55		10.48
49	Mr	Kelvin Holmes	Rye & District Wheelers CC	V		27:14	10.49
50	Mr	Liam Yates	Banks/Catford CC Equipe		20:46		10.50
51	Mr	Antony Wallis	Ciclos Uno	V		26:23	10.51
52	Mr	Danny Frost	Thornton Road Club	V	23:21	26:50	10.52
53	Mr	Martin Yardley	Southborough & Dist. Whs	V	24:30	26:41	10.53
54	Mrs	Rebecca Wilson	Rye & District Wheelers CC	LV	26:43	28:53	10.54
55	Mr	Sean Yates	In-Gear Quickvit Trainsharp RT	V	21:06	27:04	10.55
56	Mr	Christopher Bax	PMR @ Toachim House	V	22:41	27:51	10.56
57	Mr	James Fosbery	Rye & District Wheelers CC	14-15	23:51		10.57
58	Mr	Russ Mason	Thornton Road Club	V	26:38	28:23	10.58
59	Mr	Paul Woodman	In-Gear Quickvit Trainsharp RT	V		27:38	10.59
60	Mr	Christian Yates	East Grinstead CC	V	20:40	26:50	11.00

Start No	Title	Name	Club	Category	L3S	VTTA	Start Time
61	Mr	Dick Naylor	Abellio - SFA Racing Team	V	22:11	28:32	11.01
62	Mr	Michael Sadaat	Southborough & Dist. Whs	V	23:20	27:09	11.02
63	Mr	Mark Fosbery	Rye & District Wheelers CC	V	24:17	26:45	11.03
64	Mr	Tim Miles	Hastings & St Leonards CC	V	26:57	28:42	11.04
65	Mr	Steve Gooch	Rye & District Wheelers CC	V	21:00	26:36	11.05
66	Mr	Thomas Rowing	Abellio - SFA Racing Team	18	22:38		11.06
67	Mr	Ivan Johnson	Hastings & St Leonards CC	V	23:50	26:23	11.07
68	Mr	Kieran Fitzpatrick	Southborough & Dist. Whs		25:31		11.08
69	Mr	Jamie Clark	Rye & District Wheelers CC		28:18		11.09
70	Mr	Mike Piper	Abellio - SFA Racing Team		20:36		11.10
71	Mr	Rory Hopcraft	MedwayTri		22:12		11.11
72	Mr	Robert Giles	PMR @ Toachim House	V	23:05	28:32	11.12
73	Mr	David Millis	Southborough & Dist. Whs	V	24:10	27:04	11.13
74	Mr	Jim Hollands	Rye & District Wheelers CC	V	26:49	30:23	11.14
75	Mr	Martin Dickinson	Deal Tri	V	20:54	26:13	11.15
76	Mr	Steven Smith	Medway Velo Club		22:31		11.16
77	Mr	Philip Burgin	Kingston Phoenix RC	V		27:51	11.17
78	Mr	Andrew McCall	Thanet RC	V	25:11	27:38	11.18
79	Mr	Chris Parker	Hastings & St Leonards CC	V	28:00	27:32	11.19
80	Mr	Keith Lea	Paceline RT	V	20:11	26:18	11.20
81	Mr	Jake Mitchell	Abellio - SFA Racing Team		22:09		11.21
82	Mr	Charlie Dennison	Southborough & Dist. Whs	V	23:00	26:13	11.22
83	Mr	Phil Booth	Medway Velo Club	V	24:08	26:04	11.23
84	Mr	William Murtagh	Rye & District Wheelers CC	16-17	27:21		11.24
85	Mr	Tim Stevens	34 Nomads CC	V	20:54	27:04	11.25
86	Mr	Paul Morton	PMR @ Toachim House		22:28		11.26
87	Mr	Jeremy Saynor	VC Deal	V	24:03	26:50	11.27
88	Mr	Andy Burrows	Thanet RC	V	24:50	29:26	11.28
89	Mr	David Williams	Kingsnorth International Whs	V	27:42	28:06	11.29
90	Mr	Nick Wilson	Rye & District Wheelers CC	V	20:09	26:50	11.30
91	Mr	Huck Garip	Adalta CC	V	22:02	26:13	11.31